



SPRING 2019

Dakota Hope Clinic

Choices for a Bright Future

SERVICES

- Pregnancy Testing
- Limited OB Ultrasound
- Pregnancy Options
- Abortion Pill Reversal Referral
- STI/STD Testing and Treatment
- Support for Men
- Parenting Classes
- Earn While You Learn
- Post Abortion Healing Support

HOURS

Tuesdays
10:00am – 7:00pm
Wednesdays
8:30am – 4:30pm
Thursdays
8:30am – 4:30pm
Walk-Ins Welcome

CENTER INFO

315 Main St. S, Suite 205
Minot, ND 58701
Client Line
701-852-4673
Business Line
701-852-4675
www.dakotahope.org
info@dakotahope.org

DON'T MISS

PALS Event April 24th

Unthinkable...

TO HAVE ANOTHER BABY

I went to the doctor to schedule a medical procedure, which called for a pregnancy test. I was so shocked when the doctor told me that I was pregnant again. We already had 4 children under 10. We had just decided that we didn't want any more children!

When I told my husband about the pregnancy, he wanted me to get an abortion. It was just unthinkable to have another baby. This was an especially difficult time for us as a family and as a couple. I had an abortion once before, and he wanted me to do it again. I didn't want to go through with another abortion, but what other options did we have?

Dakota Hope gave me someone supportive to talk to about all that I was going through. I never felt any judgement from the staff at Dakota Hope. I considered all

of our options, I even talked with a couple of adoption agencies, but my husband wouldn't agree to it. We eventually made the decision to keep this new baby, but our struggles weren't over. Baby Kate was premature, and



"IF IT WEREN'T FOR
Dakota Hope
BABY KATE WOULDN'T
BE HERE."

she had to stay in a NICU in another city for several months.

We couldn't have done it without Dakota Hope! They helped with baby supplies and even gas stamps for our commute to visit Baby Kate. The Earn While You Learn program has not only helped with the supplies that we needed for our babies but has also taught me good parenting skills to manage our children and keep my sanity!

If I could tell donors about the impact that Dakota Hope has had on my family, I would tell them that, "If it weren't for Dakota Hope Baby Kate wouldn't be here," she says, "You're helping teach coping skills to the parents of the next generation."

AT THE FRONT DESK

SAYING GOODBYE TO A FRIEND

Dakota Hope saw change again during this new spring season. We said goodbye to our devoted friend Yuki Johnson, who served as Administrative Assistant at Dakota Hope for the past year. As she begins a new chapter in her life, we wish her all the best, and we

know that she will bring excellence and creativity wherever she goes!

We welcome Darice Burdick who moved into the Administrative Assistant position from her former job as receptionist.

IN MEMORY OF

Baby Sunshine Grace Sund

Jean Wyman

Larry Gerjets

Darrell Bernsdorf

Mary Van Wormer

Mark Naaden

Mick Gates

Marjorie Fannik

Natalie Olson

Margaret Fries

Jacob Clinton Hill

John Sauer

Dale & Gladys Hawbaker

Ainsley Adams

PALS-

Post Abortive Ladies Panel



COMING SOON – WED. APRIL 24!

To register visit www.Dakotahope.Org and click on events, for more information call 701-852-4675 pre-registration required by April 16th if you plan to eat at either event.

Student and other groups are welcome!

5 North Dakota women share their journey of hurt, pain, and grief to healing and hope.

What People are Saying About the Panel:

"One of the most powerful and helpful ways I can think of...is to bring students face-to-face with those who have experienced abortion. It is vital to have them hear first-hand account from those who have been through it and now seek...to warn others of the very real dangers and consequences of abortion."

-Jeff Isaac

Principal Hillcrest Academy, Fergus Fall, MN

"I was not prepared for the life-changing message I would hear. Although the content was intense and the discussion was frank, it was presented in a very sensitive and professional manner. It will forever change my interaction with those who have experienced abortion, I highly encourage teens and adults to attend."

-Sharon Dunkel

Nurse Practitioner Specialist, Fargo, ND

LUNCHEON EVENT

11:30 am - Serving Lunch

12:00 pm - Program

THE GRAND HOTEL NORSE ROOM

1505 N. Broadway, Minot

EVENING EVENT

6:00 pm - Pizza (Commons Area)

6:30 pm - Program (Theater)

CENTRAL CAMPUS

215 1st St. SE, Minot

From the Director's Desk

to all our supporters

YOU KEEP RAISING THE BAR

The challenge of protecting unborn babies keeps pushing you. In this newsletter's client story, a courageous mother sums up the reason why you pray, give, and work when she says, "Without Dakota Hope... my Baby wouldn't be here." She is one of many clients who were under tremendous pressure to abort their babies or had other major stressors; and found the help they needed at Dakota Hope.

At a time in our country when we see many advocating for late term abortions, the pregnancy help movement is more important than ever. Your continued support is providing resources to reach more clients and improve services.

Here are some of the ways you are raising the bar to meet the challenges of helping families and individuals in our community make "Choices for a Bright Future"

- Extend Earn While You Learn through the toddler years
- Start "Parent Squad" to provide spiritual and educational support in a group setting
- Offer Abortion Pill Reversal for women who have regret after beginning the process of a medical abortion
- Bright Future Tours – where youth groups and others can hear first-hand accounts of choices and consequences regarding reproductive health
- Post Abortion Ladies Panel - Five ND women share their stories of abortion and healing
- Discover Peace offered 2 times per year – a seven-week Bible Study to help women and men suffering from a past abortion. Graduates of this program are now helping others.
- Ascend Sexual Risk Avoidance Specialist Certification – with the goal of helping parents, pastors, teachers and others teach the virtue of chastity

Women Get a Second Chance

WITH MEDICAL ABORTIONS

Abortion is one of the most impactful decisions that a woman can ever make in her life. Many women regret that decision. Surgical Abortions are completed in minutes and there is no chance for a do-over. However, because a medical abortion is a process that occurs over several days, there is a chance for a woman to reverse the process.

In a medical abortion, mifepristone, also known as RU-486, the abortion pill, is taken at the abortion clinic. Over the next few days, this drug blocks the women's womb from being able to absorb the hormone progesterone. Gradually, the baby is deprived

of the food and oxygen it needs to survive. A second drug is taken to expel the baby.

The good news is that there is almost a 70% chance to reverse the process if a woman changes her mind before the process is completed. Dakota Hope is one of the clinics in ND where physicians are willing to prescribe progesterone in an attempt at reversal. The earlier a woman starts the progesterone the more likely the reversal attempt will be successful. Progesterone has been shown to be safe and effective. There are hundreds of healthy children around the world that are alive because of this process.



VOLUNTEER APPRECIATION LUNCHEON

All Volunteers are invited!

Thursday, May 16

12 Noon – 1:30 pm

Eagles Wings
Community Church
101 16th St SW

**THANK YOU
FROM OUR
HEARTS
TO YOURS!**

Volunteers Needed

FOR "PARENT SQUAD"

Dakota Hope has found a new way to fill a need in our community. Parent Squad was born for the purpose for providing parents an opportunity for spiritual growth and enhancement of life skills in an interactive group setting. We are very grateful for the volunteers who have stepped up to make this program a success. Marsha Rogne is leading the Bible study, Susie Scott is the lead child care provider and Laurel Kleven has made dinner for the group. More volunteers are needed, especially for child care and providing dinner. Contact Darice at 701-852-4675 or visit dakotahope.org if you want to volunteer for Parent Squad.



**parent
SQUAD**

GRATITUDE

is the Currency

GIVING HEARTS DAY 2019

We can't thank our generous donors enough! Giving Hearts Day was a success, raising

OVER \$70,000
this year!

IN HONOR OF

Monsignor Sengen

Father Bruce

Kristi Fannik

All Babies not given
a chance to live

Paulette Mollgard's Birthday

Tracy Finneman

Kieran Joe

Nadia Smetana

Rebbi Shirley

The Clark Grand Kids

Demi & Ayla

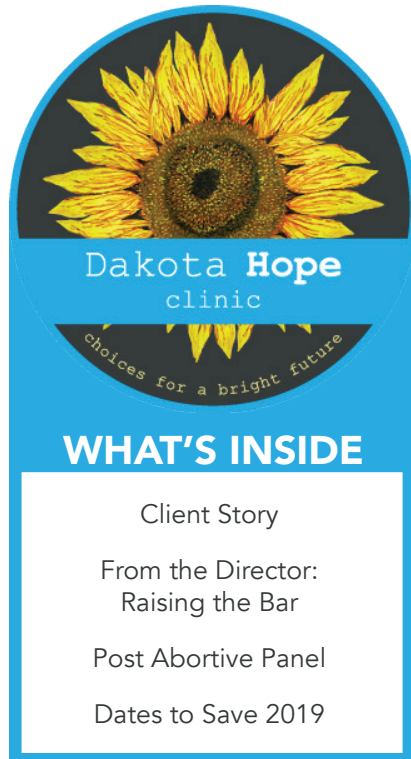
Dakota Hope Clinic

315 S. Main St. Ste. 205 • Minot, ND 58701

dakotahope.org

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Chattanooga, TN

**Return
Service
Requested**



Save the Dates 2019

DON'T MISS OUT! MARK YOUR CALENDARS NOW!



BRIGHT FUTURE TOURS

6:30pm on 1st Wednesday of the month

CHURCH AMBASSADOR TRAININGS

- 2nd Qtr – Wed. April 24th
Please Attend P.A.L.S.
- 3rd Qtr – Mon. August 26th
Sessions at 2:00 or 5:30pm
- 4th Qtr – Mon. October 28th
Sessions at 2:00 or 5:30pm

POST ABORTION LADIES PANEL (PALS)

- 11:30am Luncheon at Grand Hotel
- 6:30pm Central Campus Auditorium
Pizza at 6:00pm in the Commons
Student Groups are Welcome

SRA SPECIALIST CERTIFICATION

Wed. & Thurs. May 8-9 with
pre-course online work required

VOLUNTEER APPRECIATION LUNCHEON

Thurs. May 16
12 Noon – 1:30 pm
Eagles Wings Community Church

STATE FAIR PARADE

Saturday, July 20th
Ride or Walk with Dakota Hope Float

ANNUAL FUNDRAISING BANQUET

Monday, Sept 16th at 6:30pm
with speaker Trent Horn

DISCOVER PEACE

Fall Group starts Mon. Sept. 23rd
Individual session by appt.

FESTIVAL OF TREES

Free Public Viewing of Trees and Christmas
Book Exchange 10:00am – 2:00pm
Live and Silent Auction – doors open
at 5:00pm
To register or get more info visit
www.dakotahope.org or call 701-852-4675

Trent Horn is an apologist,
adjunct professor of
apologetics, and author.
Trent will demonstrate
how to be an ambassador
for life “talking about our
culture’s toughest issue,”
and being “Persuasive Pro-
Life,” which is the title of
one of his seven books.

